

HS3007: Psychology			
Teaching Scheme		Evaluation Scheme	
Lectures	2 Hrs/Week	Teacher Assessment	20 Marks
Total Credits	2	End-Semester Examination	30 Marks
<p><b>Course Outcomes Expected:</b>  <b>After Completing the course student will be able to</b></p>			
<b>Unit 1</b>	<p><b>Psychology of Health</b>            Understanding stress and its various causes.            Stress and psychologically-oriented and physically-manifested disorders [Psychosomatic disorders]            Manic depressive tendencies, socialization problems, eating disorders.            Depression and other related psychological states that are also manifest in the technological/industrial environment.            Stress and adjustment : Occupational, social, marital, sexual and environmental aspects.            Technology and subjective well-being (SWB)</p>		
<b>UNIT 2</b>	<p><b>Community Psychology</b>            Concept of community and their implications for community psychology. Community processes and orientations toward change. Examinations of the models; the mental health model; the organizational model; the social action model; the ecological model. Implications for a psychology of the community: the study of community life, interaction strategies; implications for manpower and training; family therapy and the community; crisis intervention; advocacy and community psychology</p>		
<b>Unit 3</b>	<p><b>Psychological Factors in Work Design</b>            Approaches to work design. Historical perspective. Human information processing, Natural and man-made environment effect, psychology of work. The living environments, physical features, psychological dimensions of work. Job enrichment, quality of working life. Future of work designs.</p>		
<p><b>TEXT BOOKS:</b></p> <p>Andrew W. Baum, Jerome E. Singer &amp; Tracey A. Revenson. Handbook of Health Psychology. Lawrence Erlbaum Associates. 2001.</p> <p>Edward P. Sarafino. Health Psychology: Biopsychosocial Interactions. 4<sup>th</sup> Edition. John Wiley and Sons. 2001.</p> <p>Linda Brannon &amp; Jess Feist. Health Psychology ♦ An Introduction to Health and Behaviour. 4<sup>th</sup> Ed. Wadsworth. 1999.</p> <p>Virginia Ann Price. Type-A Behaviour Pattern. A model for Research and Practice. Academic Press. 1982.</p>			